

# FEMIN-ICT

## Femin-ICT Role Models Collections - Laura

**1. Can you briefly introduce yourself and your journey in the ICT sector? What motivated you to pursue a career in this field?**

My name is Laura León and I have been working in this sector for a year. What motivated me to continue in this sector is the constant innovation and the continuous improvement of my professional career.

**2. As a woman in a traditionally male-dominated industry, what challenges have you faced throughout your career, and how did you overcome them?**

To get to know certain terms that I did not know and to learn a little about how this sector works. The truth is that none. The fact that I am a woman has not been an obstacle for me.

**3. What notable accomplishments or projects have you been involved in within the ICT sector? How do you feel they have made a positive impact?**

The project I liked the most is one dedicated to online training for girls at risk of social exclusion.

**4. What was your dream when you were younger or during your studies?**

I did not have a particular preferred sector. I simply wanted to be independent and self-sufficient.



# FEMIN-ICT

5. In your opinion, what are the key opportunities and advancements in the ICT sector that can drive positive change in society?

New methodologies or advancements that make people's lives easier. For example, artificial intelligence.

6. How important is diversity and inclusion in the ICT industry? What steps can be taken to encourage more women to enter and thrive in this field?

Increase family conciliation for both women and men (increase paternity leave).

7. Can you share any advice or lessons you have learned from your experience that would benefit aspiring women professionals in the ICT sector?

I would recommend that you follow your dreams no matter what anyone says.

8. What would you suggest to young girls who want to work in the ICT sector?

That they always seek continuous improvement and never stop learning.

9. What initiatives or programs do you think are essential for promoting gender equality and empowering women in the ICT industry?

I don't think there is a program to do that...

# FEMIN-ICT

**10. How do you balance work and personal life in a demanding field like ICT? Do you have any strategies or tips for achieving a healthy work-life balance?**

Establish specific times for each area. Respect it and know how to differentiate between one thing and the other.

**11. Are there any particular trends or emerging technologies within the ICT sector that you find exciting or believe will have a significant impact in the future?**

--

**12. Who are some of your role models or sources of inspiration in the ICT industry in your national context or internationally? How have they influenced your career?**

Ana María Forniés. She is a legal expert, computer scientist and entrepreneur who has her own mobile application startup.

**13. Are there any specific policies/initiatives/measures implemented in Spain that concern women in the ICT sector that you would like to share today?**

No.